

Hours	SST Course Topics	DOB-approved Course Equivalent	Type
1	Electrocution Prevention	<ul style="list-style-type: none"> 8-Hour Master and Special Electrician Renewal 	General Elective
1	Fire Protection and Prevention	<ul style="list-style-type: none"> 40-Hour Site Safety Manager 8-Hour Site Safety Manager Refresher 	General Elective
1	First Aid and CPR	NONE	General Elective
1	Handling Heavy Materials and Proper Lifting Techniques	<ul style="list-style-type: none"> 16-Hour Rigging Worker* 8-Hour Rigging Worker Refresher* 30-Hour Special Rigger* 8-Hour Special Rigger Renewal* 30-Hour Master Rigger* 8-Hour Master Rigger Renewal* 32-Hour Rigging Supervisor* 16-Hour Rigger Supervisor Refresher* 	General Elective
1	Health and Safety Programs in Construction	NONE	General Elective
1	Hoisting and Rigging	<ul style="list-style-type: none"> 16-Hour Rigging Worker* 8-Hour Rigging Worker Refresher* 30-Hour Special Rigger* 8-Hour Special Rigger Renewal* 30-Hour Master Rigger* 8-Hour Master Rigger Renewal* 32-Hour Rigging Supervisor* 16-Hour Rigger Supervisor Refresher* 	General Elective
1	Materials Handling, Storage, Use, and Disposal	<ul style="list-style-type: none"> 16-Hour Rigging Worker* 8-Hour Rigging Worker Refresher* 30-Hour Special Rigger* 8-Hour Special Rigger Renewal* 30-Hour Master Rigger* 8-Hour Master Rigger Renewal* 32-Hour Rigging Supervisor* 16-Hour Rigger Supervisor Refresher* 	General Elective
1	Protection From Sun Exposure	NONE	General Elective
1	Repetitive Motion Injuries	NONE	General Elective
1	Stairways and Ladders	<ul style="list-style-type: none"> OSHA Awareness 4 Hour Fall Protection 	General Elective
1	Tools - Hand and Power	<ul style="list-style-type: none"> 40-Hour Site Safety Manager 8-Hour Site Safety Manager Refresher 	General Elective
8	Chapter 33 Site Safety	<ul style="list-style-type: none"> 40-Hour Site Safety Manager 8-Hour Site Safety Manager Refresher 	Prescribed Course

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8	Chapter 33 Site Safety	<ul style="list-style-type: none"> 40-Hour Site Safety Manager 8-Hour Site Safety Manager Refresher 	Prescribed Course
2	Drug and Alcohol Awareness	NONE	Prescribed Course
4	Fall Prevention (4-Hour)	NONE	Prescribed Course
8	Fall Prevention (8-Hour)	NONE	Prescribed Course
2	Pre-Task Meetings	NONE	Prescribed Course
2	Site Safety Plans (SSP)	NONE	Prescribed Course
4	Scaffolds-Supported	<ul style="list-style-type: none"> 4 Hour Supported Scaffold 32 Hour Supported Scaffold User 8 Hour Supported Scaffold Refresher 	Prescribed Course
2	ToolBox Talks	NONE	Prescribed Course
1	Asbestos/Lead Awareness	NONE	Specialized Elective
1	Concrete and Masonry Construction	<ul style="list-style-type: none"> 30-Hour Concrete Safety Manager 8-Hour Concrete Safety Manager Refresher 	Specialized Elective
1	Confined Space Entry	OSHA Awareness 4 Hour Confined Space	Specialized Elective
1	Cranes, Derricks, Hoists, Elevators, and Conveyors	<ul style="list-style-type: none"> 16-Hour Rigging Worker* 8-Hour Rigging Worker Refresher* 30-Hour Special Rigger* 8-Hour Special Rigger Renewal* 30-Hour Master Rigger* 8-Hour Master Rigger Renewal* 32-Hour Rigging Supervisor* 16-Hour Rigger Supervisor Refresher* 	Specialized Elective
1	Demolition Safety	<ul style="list-style-type: none"> 40-Hour Site Safety Manager 8-Hour Site Safety Manager Refresher 	Specialized Elective
1	Ergonomics	NONE	Specialized Elective
1	Excavations	<ul style="list-style-type: none"> 40-Hour Site Safety Manager 8-Hour Site Safety Manager Refresher 	Specialized Elective
1	Flag Person	<ul style="list-style-type: none"> 16-Hour Rigging Worker* 8-Hour Rigging Worker Refresher* 30-Hour Special Rigger* 8-Hour Special Rigger Renewal* 30-Hour Master Rigger* 8-Hour Master Rigger Renewal* 32-Hour Rigging Supervisor* 16-Hour Rigger Supervisor Refresher* 	Specialized Elective

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2.5	Foundations for Safety Leadership	<ul style="list-style-type: none"> • 40-Hour Site Safety Manager • 8-Hour Site Safety Manager Refresher 	Specialized Elective
1	Job Hazard Analysis	<ul style="list-style-type: none"> • 40-Hour Site Safety Manager • 8-Hour Site Safety Manager Refresher 	Specialized Elective
1	Personnel Lifts/Aerial Lifts/Scissor Lifts Safety	<ul style="list-style-type: none"> • 16-Hour Rigging Worker* • 8-Hour Rigging Worker Refresher* • 30-Hour Special Rigger* • 8-Hour Special Rigger Renewal* • 30-Hour Master Rigger* • 8-Hour Master Rigger Renewal* • 32-Hour Rigging Supervisor* • 16-Hour Rigger Supervisor Refresher* 	Specialized Elective
1	Motor Vehicles, etc.	NONE	Specialized Elective
1	Risk Assessment and Accident Investigation	<ul style="list-style-type: none"> • 40-Hour Site Safety Manager • 8-Hour Site Safety Manager Refresher 	Specialized Elective
1	Scaffolds-Suspended	<ul style="list-style-type: none"> • 16-Hour Suspended Scaffold User* • 8-Hour Suspended Scaffold User Refresher* • 32-Hour Suspended Scaffold Supervisor* • 8-Hour Suspended Scaffold Supervisor Refresher* 	Specialized Elective
1	Steel Erection	NONE	Specialized Elective
1	Welding and Cutting	NONE	Specialized Elective

** Any one of the Equivalent Worker and/or Licensee Courses on the right can give credit for all of the applicable General and Specialized Elective courses in the left column for a total of hours not to exceed the number of hours of the Equivalent Worker and/or Licensee course. Only licensed professionals can claim credit for the 8-Hour Site Safety Manager Refresher.*